# February PBIS Coach Connection - NRIP

This newsletter is sent to current PBIS coaches. Please pass on to administrators and team members as needed.

### **PBIS Quote of the Month**

"The future depends on what we do in the present."

-Ghandi

Coach Connect Virtual Meetings hosted by Metro RegionYear End CelebrationsMarch 263:15-3:45https://www.anymeeting.com/825-872-521

# Collaborators Forum - FREE- Hosted by MN PBS Network May 9, 2018 at Minnesota Department of Education



The Collaborators Forum is an event for people interested in Positive Behavior Supports across settings and the lifespan in Minnesota. Our keynote speaker is <u>Dr. Ashley MacSuga-Gage</u> from the University of Florida and <u>Florida Positive Behavioral</u>

Interventions and Supports Project.

More information will be available soon at mnpsp.org

# Tier 2 Tip

According to Crisis Prevention Intervention, following these 10 De-escalation Tips will help you gain great strides in working with children who are in a heightened emotional and/or behavioral state.

- 1. Be Empathetic and Nonjudgmental
- 2. Respect Personal Space
- 3. Use Nonthreatening Nonverbals
- 4. Avoid Overreacting
- 5. Focus on Feelings
- 6. Ignore Challenging Questions
- 7. Set Limits
- 8. Choose Wisely What You Insist Upon
- 9. <u>Allow Silence for Reflection</u>
- 10. Allow Time for Decisions

Information directly from: www.crisisprevention.com

### **PBIS and Social Emotional Learning (SEL)**

Eight Keys to Enhanced SEL

- 1. Build Strong Relationships
- 2. Teach Essential Social Skills
- 3. Get on the Same Page
- 4. Be Role Models
- 5. Clarify Classroom & School Wide Expectations
- 6. Teach All Students Problem-Solving
- 7. Set Appropriate Consequences
- 8. Praise Students for Good Choices

#### Eight Features of PBIS

- 1. Administrative Support
- 2. Team Based Implementation
- 3. SW Behavior Expectations Defined
- 4. SW Behavior Expectations Taught
- 5. Acknowledge & Reinforce Appropriate Behaviors
- 6. Monitor & Correct Behavioral Errors
- 7. Data-Based Decision Making
- 8. Family & Community Collaboration

# Data Tip(s)

13 Ways to Get Ready for Spring

- 1. Lift the Mood 2. It's not too late to create the change you want to see
- 3. Check in on your action plan <u>Click here to see more</u>

# PBIS Resource - from Milwaukee Public Schools

You might find some documents in here that you could adjust to fit your needs.

#### **PBIS Exemplar School Applications Out Soon**

Check pbismn.org for more information

### Unsubscribe/Change Contact Information/Add someone to the list

Reply to this email if you want to opt out of receiving this, you have a change in contact information or you want to add someone to my list.

#### Upcoming Events

What	Topic(s)	Date(s)	Time	Where	How to Register
Coach Connect hosted by Metro Region	End of Year Celebrations	March 26	3:15-3:45pm	Virtual Meeting	https://www.anymeetin g.com/312-660-566 Or dial in at: 716-273-1030 Pin: 819 7519#
MNPBS Collaborators Forum	Event for people interested in Positive Behavior Supports across settings and the lifespan	May 9	All day	MDE	Registration open soon at <u>mnpsp.org</u>
MDE Summer Institute	varies	June 13 & 14, 2018		Roseville, MN	TBD
Restorative Practices Int'l Conference		Aug. 9-11, 2018		St. Paul, MN	TBD

#### **Restorative Practices Trainings**

1. The 18th Annual Restorative Practices in Schools Trainings will be held June 18-22, 2018, at Forest Elementary School, Crystal. The Minnesota Department of Education (MDE) School Safety Technical Assistance Center partners with the Legal Rights Center and Robbinsdale Area Schools to offer the trainings. Trainings offered will include Circle Training, Repair of Harm-Circle or Conferencing, Family Group Conferencing, Foundations of Restorative Practices, and Circles and Equity. More information will be available in January.

2. <u>Register now</u> for the August 9-12, 2018 "International Conference on Restorative Practices – Restoring Self, Restoring Community, Restoring World." The conference is being held at Metro State University, St. Paul. Workshop proposals are being accepted until January 15, 2018.

3. Other Trainings: Restorative practices trainings offered by community organizations and school districts follow. (Note: MDE provides this information but is not a sponsor of the trainings.)

• "Restorative Justice/Community Building Circle" is being held Jan. 13, 14 and 15, 2018, from 8:30 a.m.-4:30 p.m. Hanaa Arafat is offering the training through Community Mediation & Restorative Services. Cost is \$250. <u>Register now</u> and find more information. You may also contact MiaLisa Millares at 763-561-0033.

• "Beyond Technique: A Mindfulness-based Approach to Restorative Dialogue," a one -day, eight hour advanced workshop, is being held Friday, February 16, 2018. Mark Umbreit will lead the session at the University of Minnesota, St. Paul. For information and to register, visit the <u>workshop webpage</u>.

• "STAR-Lite Training: Trauma Healing, Learning Strategies for Trauma Awareness and Resilience in a Single Day" is being held Saturday, Jan. 27, 2018, 9 a.m.-5 p.m. in Saint Paul. This training is sponsored by <u>MN Peace</u>. The training is free but, <u>register now</u> because the class is limited to 60 registrants.